Medicare Plus Blue<sup>SM</sup> and Prescription Blue<sup>SM</sup> are PPO and PDP plans with a Medicare contract. Enrollment in Medicare Plus Blue<sup>SM</sup> and Prescription depends on contract renewal.

Trust Groups MAPD & PDP Benefits 2022 Offerings Blue Cross Blue Shield of Michigan and Blue care Network are nonprofit corporations and independent licensees of the Blue Cross Blue Shield Association.



Blue Cross Blue Shield Blue Care Network of Michigan



- Medicare basics
- Getting started
- Group plan benefits
- Health & well-being programs
- Prescription drugs





#### **Your Integrated Account Team**





Your Medicare Advantage Consultant working alongside your Commercial Account Team and a dedicated group of experts to minimizing the administrative burden and providing transparency and guidance through all phases of our partnership

## **Medicare basics**



#### **Medicare basics**



#### A Medicare Advantage plan (Part C) gives you complete coverage



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# Getting started with your PPO plan



#### Membership confirmation and ID card



Put your red, white and blue Medicare card in a safe place, you only need your Blue Cross ID card for medical services and prescription drugs

There are separate cards for dental and vision





#### **Dental and Vision ID card**



| Blue Cross<br>Blue Shield       |                    | of the Blue Cross and Blue Shield Association<br>To locate participating<br>providers outside of Michigan:   |              |
|---------------------------------|--------------------|--|--------------|
|                                 |                    | applicable contracts, conditions and user If you suspect fraud, call:  | 800-482-3787 |
| Enrollee Name                   |                    | Benefts & Eligibility<br>Dental, Vision, and Pharmacy providers  | 800-676-2583 |
| VALUED CUSTOMER                 |                    | file claims according to your network DNoA Pref Network (Dental):  | 888-826-8152 |
| Enrollee ID                     |                    | contract. All other providers: file claims VSP - Vision.   | 800-877-7195 |
| XYQ888888888                    |                    | claims, bill Medicare. 24 Hr./7 Day Nurse Help Line:   | 800-775-2583 |
| Issuer (80840) 9101003777       |                    | and the second s |              |
| Group Number<br>007041642       | lssued:<br>06/2020 | Mental Health/Substance  |              |
| Plus                            |                    | Abuse Preauthorization:  | 800-762-238  |
| PPO Blue Blue Blue Blue Vision™ |                    | Precertification:  | 800-572-3413 |

If you already have Dental and Vision, you won't receive a new card.

#### When we'll contact you



Welcome call and new ID card Health assessment; we'll remind you to schedule your annual exam and connect to member programs Coordination of benefits survey Offer preventive care that can help reduce your out-of-pocket and overall health care costs and share benefits for the upcoming year

| Blue Cross<br>Blue Shield<br>of Michigan |  |         |           |
|--|--|---------|-----------|
|  | Medicare PLUS<br>Blue <sup>SM</sup> Group<br>PPO |         |           |
| Enrollee Name<br>VALUED CUSTOMER         |  | Plan HS | 9572_801  |
| Enrollee ID                              |  | RxBIN   | 610014    |
| XYL999999999                             |  | RXPCN   | MEDDPRIME |
| Health Plan (80840) 9101003777           |  | RxGrp   | BCBSMAN   |
| Group Number                             |  | Issued  |           |
| XXXXX                                    |  | 02/20   | 20        |
|  | Ď  | Med     | licareR   |

|  | Please use a blue or black pen or a pencil to complete th  | e questionnaire.  |
|--|--|---|
| Blue Cross<br>Blue Shield<br>Blue Care Network   | Print clearly to fill out each appropriate text box as shown   | L.  |
| Blue Care Network  | A B C 1 2 3  |   |
| Nonprofit corporations and Independent loansees<br>of the Blue Cross and Blue Shield Association   | Fill the circles completely and do not write notes in the se<br>circles appear. Correct:   | ctions where the  |
|  | If you need assistance, you may have someone fill out thi  | is form for you.  |
| ame: <insert name=""></insert>   |  |   |
| Date of Birth: M - D D -   | Today's Date: MM-DDD   | - \\  |
| Address: <insert address=""></insert>  |  |   |
| Enrolles ID (the number on you   | ur ID card): XY -  |   |
|  |  |   |
| 1. In general, would you say ve  | our health is: (Mark one answer)   |   |
| O Excellent O Very good  |  |   |
|  | Good Fair O Poor   | atmont  |
| 2. Please mark all those condi   | Good Fair O Poor   |   |
| 2. Please mark all those condi   | Good Fair Poor<br>tions for which you are currently receiving medical trr  |   |
| 2. Please mark all those condi<br>Breathing problems (COPC<br>High blood pressure (hype)<br>Heart problems (heart failu  | Cood Fair Poor<br>tions for which you are currently receiving medical tre<br>a emphysema, or chronic bronchitis)<br>rension<br>me, heart attack, coronary artery disease)  |   |
| 2. Please mark all those condi<br>Breathing problems (COPC<br>High blood pressure (hyper   | I Good Fair Poor<br>tions for which you are currently receiving medical tr<br>), emphysems, or chronic bronchitis) Arthritis<br>(Mental i<br>Mental i  | problems  |
| 2. Please mark all those condi<br>Breathing problems (COPC<br>High blood pressure (hyper<br>Heart problems (heart failu<br>Urinary problems  | Good Fair Poor<br>tions for which you are currently receiving medical tr<br>temson<br>trenson<br>ree, heart attack, coronary artery disease) Anklefe<br>Cancer   | problems<br>g swelling                                      |
| Please mark all those condi     Breathing problems (COPD     High blood pressure (hyper     Heart problems (heart failu     Urinary problems     In the previous 12 months. h  | Cood Fair Poor<br>tions for which you are currently receiving medical tre<br>a emphysema, or chronic bronchitis)<br>rension<br>me, heart attack, coronary artery disease)  | problems<br>g swelling                                      |
| 2. Please mark all those condi<br>Breathing problems (COPC<br>High blood pressure (hyper<br>Heart problems (heart failu<br>Urinary problems  | Good Pair Poor<br>tions for which you are currently receiving medical tra-<br>terrestion and the second se | problems<br>g swelling                                      |
| Please mark all those condi<br>Breathing problems (COPC<br>High blood pressure (hypen<br>Heart problems (heart failu<br>Urinary problems     In the previous 12 months, h<br>(Mark all that apply)<br>High cholesterol<br>Astima       | Good Pair Poor<br>tions for which you are currently receiving medical tr<br>a perhysens, or chronic bronchells<br>trension<br>rension<br>exercised by a doctor for any of the follow<br>are you been treated by a doctor for any of the follow   | problems<br>g swelling<br>ng conditions?                    |
| Please mark all those condi-<br>Breathing problems (COPC<br>High blood pressure (types<br>Urinary problems     In the previous 12 months, h<br>Migh cholesiarol<br>Adma di Bhat appy)<br>High cholesiarol<br>Bone disease (osteoporosi | Good     Fai     Poor      tions for which you are currently receiving medical for     Arthole     Arthole     Arthole     Arthole     Consol     Arthole     Arthole     Consol     Arthole     Arthole     Consol     Arthole     Arthole     Arthole     Consol     Arthole     Arthol            | roblems<br>g swelling<br>ng conditions?<br>res No<br>res No |
| Please mark all those condi<br>Breathing problems (COPC<br>High blood pressure (types<br>Uninary problems     In the previous 12 months, h<br>(Mark all that appt)<br>High choisestrol<br>admma<br>Bone disease (nateoporosi           | Cod     Par     Poor      Cod     Par     Poor      Cod              | ng conditions?  |

| Blue Cross<br>Blue Shield<br>ef Molypen   | OORDINATION OF BEN  | EFITS QUEST                          | TIONNAIRE                     |   |
|---|---|--------------------------------------|-------------------------------|---|
| Please call our automated response nun<br>Benefits under My Account from the app<br>coverage through another healthcare pla                                 | menu if you, your spouse of   | ogin to our mob<br>r any of your co  | lle app and o<br>overed deper | click Coordination of<br>indents do not have                            |
| f there is coverage through another hea<br>coordination of benefits information at bu<br>SECTION 1 YOUR BOBSMINEOR<br>BOBSMenrolee name (as found on your I | bern.com/cob or complete  |                                      | nalifax back                  | to BCBSM. Thank you!  |
| Are you, your spouse or any<br>NO – Please skip the rest of the que<br>of this form and return it in the<br>SECTION 2 OTHER HEALTH COW                      | tions, sign the bottom<br>invelope provided.<br>ERAICHE INFORMATION | YES-                                 | Please comp<br>bottom and n   | plete the entire form, sign at the<br>etum it in the envelope provided. |
| Please provide the following information<br>Name of policy holder of other coverage   | Relationship to you   | Employer                             | coverage. At                  | tach additional pages if needed.<br>Birth date                          |
| insurance company name  | Insurance company city  |                                      | State                         | Phone number  |
| Enrolee ID / policy number  | Group number  | Effective da                         | te                            | Cancellation date (if applicable)                                       |
| Type of coverage is this a retiree cor<br>is this a COBRA or<br>is policy holder lake   | intract? Yes No   | ype of plan:<br>heck all that apply) | Medical Dental                | Prescription drugs Medicare Advantage                                   |
| Who is covered by this other plan? Include<br>Name (first and last)   | yourself if applicable.<br>Relationship to you                      | Name (fi                             | rst and last)                 | Relationship to you   |
| 1.  |   | 4.                                   |                               |   |
| 2   |   | 6.                                   |                               |   |
| SECTION 3 SPECIAL SITUATIONS<br>Fill out this section only if your children<br>order.   | have health care coverage i   | _                                    | above becau                   | use of divorce, separation or court                                     |



TIP: We use vendor partners to offer some of our health programs. They may contact you on our behalf. Call our Customer Service team if you have questions or concerns about these communications.

#### **Understanding your MAPD materials**



#### Medicare-eligible retirees can expect to receive the following materials as part of the pre- and post-enrollment process

DSRA Banaf

#### Pre-enrollment documents

| Medicare Plus Blue <sup>sw</sup> Group PPO   | DSRA-BENEFIT TRUST   | Post 65 Benefit En<br>Change of Status F   | Form  |
|--|--|--|---|
| C Medical Benefits   |  |  | DSRA Bene   |
| 20   | Thank you for your time and attention as ;<br>check the applicable boxes (D) below.  | ou enroll for benefits with the D  | SRA-BT. Please complete in  |
| Benefits-at-a-Glance   | SECTION I: Member Information  |  |   |
|  | Last Fame Pirst Fame   | PLL  | Date of Birth (wm/dd)yy   |
| The information provided is a Summary of Benefits. It is a summary of what we cover<br>and what you pay. A complete list of services is found in the Evidence of Coverage and  | Address  | City   | Stata Zip   |
| The Medical Benefits Chart II you have any questions about this plant's benefits or<br>costs, please call Medicare Plus Blue Group PPO Custorer Service (phone numbers<br>are on the bad cover of this bability). You can alware view the most current Elistence | Telephone Number // Applicable   Hedicare Microle Date   | Social Security Hamber<br>Hedicare Currently Divisited   | Gander<br>□ Male □ Ferr   |
| of Coverage by signing into Member Sexued Services at <u>wave between tenterics</u><br>of Coverage by signing into Member Sexued Services at <u>wave between commedicare</u><br>or by requesting them from Customer Service.                                     | Drail Address  | Part A      Part B   | Evolving on Medicane 4, Cher  |
| To join Medicare Plus Blue Group PPO, you must be entitled to Medicare Part A, be  |  | Residence/ Date  |   |
| enrolled in Medicare Part B, and live in our service area of the United States and its<br>serviceles.  | Blective Date<br>/ /   | Salary Dourly  | If Plourly, Name of Union   |
| Call Medicare Plus Blue Group PPO at 1-885-684-8216, Monday through Friday from  | SECTION 2: Spouse/Surviving Spouse In  | formation (If Enrolling)   |   |
| 8:30 a.m. to 5:00 p.m., Eastern time, for more information. From October 1 through<br>March 31, hours are from 8 a.m. to 9 p.m., Eastern time, seven days a week.  | Last Name First Name   | ML   | Date of Birth (remitti)yy   |
| (TTY users should call 711.)   | Redrement Date   | Social Security Number   | Gender<br>I Male III Fem  |
|  | Hedcare ID Hamber #Applicable Hedcare Effective Data   | Part A Part 8  | If validing on Hedicans H, Cher   |
| 0600<br><u>www.lob.ym.com/mediane</u> H0972_0rg21Adme8MA0_M PARM 0520  | <ul> <li>SECTION 1.3 Important Netro In Help'</li> <li>Traditioni data yai o yoo nango nili a nici yai yoo nango nili a nici yoo nango nili a nici yoo nici yai yoo nici yoo ni</li></ul> | c of the month following your sig<br>1 If of the month, point coverage<br>is if you are enrolling through ou<br>(//2022)<br>a medical/prescription coverage a<br>one necessary.<br>refered Envediment Form in addition | nature data, but not prior to<br>is effective on the 1 <sup>st</sup> of the<br>r averaal open enrollment pe<br>a the Retires. |
| Medicare<br>Advantage Plans  | on "Youdd Synamics March".<br>The ray partiest method CMA" Chonings, percorption<br>in the second second second second second second second second<br>Please refer to the 2002 Health Hamars Brochure for<br>Please refer to the 2002 Health Hamars Brochure for<br><sup>10</sup> / <sub>2</sub> you are seconding and so the finites, include <u>Satery, 23mp</u> +   | the monthly medical and prescrip   | tion drug plan premiums.  |
| Benefits-at-a Glance   | Electio  | n Fo   | rm  |

#### Post-enrollment documents



Welcome letter

Evidence of Coverage

#### **Explanation of Benefits (medical)**

- Summarizes the total cost of the medical services you received
- Shows you what your health care provider billed BCBSM, what BCBSM paid the provider and your share of the cost
- Explains what your deductible and yearly out-of-pocket maximums are and how much you've paid toward them
- You'll receive an explanation of benefits for services billed during the previous month



#### **Explanation of Benefits (pharmacy)**

- Summarizes the total costs of your prescriptions that you had filled for the previous month and lets you know your benefit coverage stage
- Explains what your total drug costs and out-of-pocket costs are and how much has been paid by you and the plan
- You'll receive an explanation of benefits for services billed during the previous month



## Trust Group's (DSRA, Auto, Airline, and Steel) PPO plan benefits



#### Key terms



#### Deductible

The amount you pay before your plan begins to pay its share

#### Copayment

A fixed dollar amount you pay to health care providers each time you use their services, such as an office visit

#### Coinsurance

The percentage of the cost of the service that you pay

#### Out-of-pocket maximum

The most you must spend for copays, coinsurance and deductibles in any given year

#### Your MAPD 2022 Plan Choices - New to you for 2022

#### **VEBA Trusts Options**

| VEBA Trusts Options                |            |                 |                 |
|------------------------------------|------------|-----------------|-----------------|
| OPTIONS                            | Diamond    | Emerald         | Ruby            |
| TYPE OF NETWORK                    | No Network | No Network      | No Network      |
| OUT OF POCKET MAXIMUM              | \$0        | \$750           | \$4,500         |
| DEDUCTIBLE                         | \$0        | \$0             | \$0             |
| COINSURANCE                        | 0%         | 20%             | 20%             |
| INPATIENT                          | No Cost    | 20% Coinsurance | 20% Coinsurance |
| OUTPATIENT                         | No Cost    | 20% Coinsurance | 20% Coinsurance |
| OFFICE VISIT                       | \$0        | \$5             | \$20            |
| CHIROPRACTIC                       | \$0        | \$5             | \$20            |
| SPECIALIST                         | \$0        | \$15            | \$40            |
| URGENT CARE                        | \$0        | \$10            | \$50            |
| FACILITY EVALUATION                | No Cost    | 20% Coinsurance | 20% Coinsurance |
| MENTAL HEALTH                      | \$0        | \$5             | \$25            |
| SURGICAL SERVICES                  | No Cost    | 20% Coinsurance | 20% Coinsurance |
| OTHER PHYSICIAN SERVICES           | No Cost    | 20% Coinsurance | 20% Coinsurance |
| PREVENTATIVE                       | No Cost    | No Cost         | No Cost         |
| EMERGENCY                          | \$0        | \$75            | \$90            |
| AMBULANCE SERVICES                 | No Cost    | 20% Coinsurance | 20% Coinsurance |
| DURABLE MEDICAL EQUIPMENT          | No Cost    | 20% Coinsurance | 20% Coinsurance |
| Plan Cost with Medical and High Rx | \$285.94   | \$224.02        | \$109.04        |

A high-level overview of your new 2022 MAPD plan benefit options includes high Rx plan

#### **MAPD Drug Plan with Diamond & Emerald**



| High Plan PDP                    | Preferred Rx       | Standard Rx        |
|----------------------------------|--------------------|--------------------|
| Prior Authorization/Step Therapy | Yes                | Yes                |
| Rx Deductible                    | \$0                | \$0                |
| Tier 1                           | \$2                | \$10               |
| Tier 2                           | \$2                | \$10               |
| Tier 3                           | \$40               | \$50               |
| Tier 4                           | \$75               | \$100              |
| Tier 5                           | 30% Member<br>Cost | 30% Member<br>Cost |
| 90 Day Supply <sup>*</sup>       | x2                 | x2                 |

Your new Prescription Drug Benefits covers you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

| Oral and injectable contraceptives | Covered |
|------------------------------------|---------|
| Smoking cessation drugs            | Covered |
| Weight loss drugs                  | Covered |
| Impotency drugs                    | Covered |

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or mail order for the same x2 co-pay

#### **MAPD Drug Plan Ruby**



| Ruby Plan PDP                    | Preferred Rx       | Standard Rx        |
|----------------------------------|--------------------|--------------------|
| Prior Authorization/Step Therapy | Yes                | Yes                |
| Rx Deductible                    | \$0                | \$0                |
| Tier 1                           | \$10               | \$15               |
| Tier 2                           | \$10               | \$15               |
| Tier 3                           | \$45               | \$50               |
| Tier 4                           | \$90               | \$100              |
| Tier 5                           | 30% Member<br>Cost | 30% Member<br>Cost |
| 90 Day Supply <sup>*</sup>       | x2                 | x2                 |

Your new Prescription Drug Benefits covers you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

| Oral and injectable contraceptives | Covered |
|------------------------------------|---------|
| Smoking cessation drugs            | Covered |
| Weight loss drugs                  | Covered |
| Impotency drugs                    | Covered |

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or mail order for the same x2 co-pay

#### **Medicare Advantage PPO providers**



Your plan allows you to go to any doctor or hospital that accepts Medicare What does this mean?

- You have freedom to choose any provider, specialist or hospital that accepts Medicare
- Referrals aren't required
- Member out-of-pocket costs are the same as long as the doctor or hospital accepts Medicare and bills BCBSM

#### In-network

A Medicare provider who has a contractual agreement to be a part of the Blue Cross Blue Shield Medicare Advantage PPO Network

#### How to find a participating provider



- During your welcome call, the representative can check to see if your current provider accepts Medicare
- Call the Customer Service number on the back of your Blue Cross ID card. TTY users, please call 711
- Visit <u>www.bcbsm.com/medicare</u>, and click *Find a Doctor*
- Ask the billing department of your provider's office if you can participate with the Medicare Advantage PPO plan offered by Blue Cross
- Download the BCBSM Mobile app. It's available in the App Store<sup>®</sup> for iPhones and Google Play<sup>™</sup> for smartphones using Android. Search for BCBSM. The app isn't yet available for tablets

#### **Prior authorization programs**



- Prior authorization for medical services is one way health plans make sure you receive high-quality care as you and your provider develop a personalized treatment plan
- It may be necessary for your provider to have certain services in your treatment plan approved by Blue Cross
- If a request for service isn't approved, you and your provider will both receive a letter detailing the rationale and the process to request reconsideration (appeal), if needed

#### **Online visits**

#### Blue Cross Online Visits<sup>SM</sup>

Online provider visits bring new meaning to house calls

- When your primary care provider is unavailable, you can have an online visit with a physician to get advice and treatment for minor health concerns
- Use your smartphone, tablet or computer for a provider visit
- Available 24/7, anywhere in the U.S. using an internet connection
- Doctors are telehealth experts, U.S. board-certified, licensed and credentialed to provide non-emergency medical visits on demand at in-network costs



#### How can you access this benefit?

- Download the BCBSM Online Visits app
- Visit <u>bcbsmonlinevisits.com</u>
- Call 1-844-606-1608

#### 24/7 access to plan information

#### Blue Cross mobile app

You can use the app to:

- Find a participating primary care provider and preferred pharmacies
- Track costs, check deductibles and out-of-pocket balances
- Check claims and explanation of benefits statements
- View your plan coverage
- View your virtual ID card





#### Blue Cross member portal

- View recent claim activity online and compare provider's bill to your Explanation of Benefits statement using the Blue Cross member portal
- Log in at

http://bcbsm.com/index/members/online-account

#### When you travel

Blue Cross Blue Shield of Michigan gives you access to providers anywhere in the United States

Your benefits travel with you anywhere in the United States and its territories

There are two ways to find a provider:

- Use the find a provider button in the app
- Call the number on the back of your ID card

There may be some instances when traveling outside the United States, you will have to pay for your emergency and urgent care, but we will ensure that you get a refund from us



You're covered for emergency and urgent care worldwide



#### **Durable medical equipment:**



- You have coverage for durable medical equipment, such as prosthetics, orthotics and supplies
- DME, such as canes, walkers, wheelchairs, braces and artificial limbs as well as diabetic therapeutic shoes or inserts – can be provided through our preferred DME provider Northwood. Call 1-800-667-8496. Authorization rules may apply
- Diabetes monitoring supplies, including insulin pumps, blood glucose monitors, test strips and lancets, can be provided through our in-network provider J&B Medical Supply.
   Your provider will write a prescription for you. To locate a J&B supplier, call 1-888-896-6233

#### **Exceptional customer service**





- A designated Medicare Advantage Service Center
- Complete issue resolution on first contact for 90% of all calls
- Proactive member outreach
- Coverage determination assistance

#### Your specialized service team is:

- Knowledgeable and accurate
- Courteous, friendly, respectful and empathetic
- Honest and sincere

Members can access Benistar by calling 1-800-236-4782 EST Monday – Friday from 8:30am-4:30pm

## Blue Cross Health & Well-Being programs



#### **SilverSneakers**<sup>®</sup>

#### Fitness program benefits:

- Membership in a network of thousands of health clubs and exercise classes
- Exercise at your own pace with people in your age group
- Online support to help you lose weight, reduce stress
- Online classes, walking and home fitness programs

#### SilverSneakers® Tuition Rewards

 SilverSneakers<sup>®</sup> members can earn college tuition discounts for loved ones simply by exercising

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#### Visit:

- SilverSneakers.com
   for participating fitness locations
- SilverSneakers.tuitionrewards.com to learn about Tuition Rewards

Or call: 1-866-584-7352, Monday through Friday, 8 a.m. to 8 p.m. Eastern time. TTY users, call 711.

#### **Blue Cross Medicare Advantage Rewards**



Earn rewards for healthy actions through Blue Cross Medicare Advantage Rewards, by Blue Cross Blue Shield of Michigan

Healthy actions include:

- Getting an annual physical
- Getting flu shots
- Monitoring your physical health
- Breast cancer screening
- Diabetes eye exam

#### **Monitor Your Physical Health**

#### Go online to get your reward faster. bcbsm.com/advantagerewards

Or fill out your information on the front of this card, choose your reward and mail to:

Blue Cross Medicare Advantage Rewards PO Box 916560 Rantoul, IL 61866-9947

#### <\$10 Reward>

Please choose one of the rewards below:



\*This reward will be sent if no choice is made.

Find out more: bcbsm.com/advantagerewards or call 1-866-572-0155 (TTY: 711)

#### **Shared decision-making**

You have access to Welvie<sup>SM</sup>, a surgery decision-support program to help you explore your treatment options. It's available to you at no additional cost

- Welvie is an internet-based program that walks you through the surgery decision process. It provides a unique, step-by-step approach from diagnosis to recovery
- Visit welvie.com\* and click *Register* to get started
- Even if surgery isn't in your immediate future, check out Welvie so you're prepared if you're ever faced with a surgery decision



\*Welvie is an independent company retained by Blue Cross Blue Shield of Michigan to provide a surgery decision-support program to select Blue Cross Medicare Advantage members.

#### **Virtual services**



#### Blue Cross<sup>®</sup> Virtual Well-Being

• A live, 15-minute weekly webinar designed to support you on your well-being journey. Webinar categories include physical health, financial wellness and emotional health

Visit: <a href="https://www.mibluesperspectives.com/virtual-webinars/members/">www.mibluesperspectives.com/virtual-webinars/members/</a>

#### 24-Hour Nurse Line

Enables you to speak with a registered nurse anytime. Nurses are available around the clock and just a
phone call away. Reach out any time you have questions about the coronavirus or need medical advice.
There is no cost to members for using the Nurse Line
Visit: www.bcbsm.com/index/members/health-wellness/nurse-line.html

#### MiBlue Virtual Assistants

• An interactive, automated chat available 24/7 through your online Blue Cross member account. It can help you check your coverage, find claims, search for providers and more

### **Blue Cross<sup>®</sup> Coordinated Care**



Nurse-led care teams are the backbone for care in our integrated care program. A registered nurse will reach out if you are identified for the Coordinated Care program; a custom care program will be set up to improve your health and well-being

Registered nurses work directly with you to coordinate the best care to meet your specific needs

Care teams include:

- Medical directors to collaborate with providers and provide medical expertise
- Pharmacists to educate and advise you about the right medications
- Dietitians to provide targeted nutritional education and coaching
- Social workers to address nonmedical health factors and locate community resources
- Behavioral health specialists to help with stress, depression, anxiety and other issues

#### Additional well-being programs







Blue365 offers exclusive health and wellness deals, keeping you healthy and happy, every day of the year! As a member of Blue Cross' Medicare Plus Blue PPO, you automatically have access to nationwide discounts

Visit: <u>www.blue365deals.com</u>

Beltone

enny

**Nutri**system<sup>®</sup>





## Call the Blue Cross Engagement Center for access to these programs

Our knowledgeable specialists are here to answer your questions about any of the programs or services offered through Blue Cross Health & Well-Being

We can help:

- Coordinate program referrals
- Find personal or specialist providers

1-800-775-2583 Monday through Friday, 8 a.m. to 6 p.m. Eastern time

TTY users, call 1-800-240-3050 Monday through Friday, 8 a.m. to 8 p.m. Eastern time



## Prescription drugs



#### Getting the most out of your Part D plan



- If you've decided to stay with your current medical plan, you may choose one of two Prescription (Part D) plans
- These plans may not be combined with any other Medicare Advantage plans, they may be combined with a supplemental plan such as the one you currently have in place
- You may choose the High plan, which is currently bundled with the Diamond & Emerald MAPD plans or the Low plan which is only offered as part of the stand-alone PDP choice
- Both plans offer you 5 Tiers of Drug coverage, which we will cover on the next slide
## Your formulary drug tiers: Has a formulary, list of drugs





- Your formulary is a list of drugs covered by your plan
- Out-of-pocket cost is applied based on drug tiers and pharmacy type:
  - Tier 1 = Preferred generic drugs
  - Tier 2 = Generic
  - Tier 3 = Preferred brand drugs
  - Tier 4 = Non-preferred drugs
  - Tier 5 = Specialty drugs

Your plan doesn't have a coverage gap, no donut hole, as with other Part D prescription plans. This means you continue to pay your plan's copay until you reach the catastrophic phase, where your out-of-pocket cost may be lower but never more than your group plan copay

### **High Plan Prescription drugs**



| High Plan PDP                    | Preferred Rx       | Standard Rx        |
|----------------------------------|--------------------|--------------------|
| Prior Authorization/Step Therapy | Yes                | Yes                |
| Rx Deductible                    | \$0                | \$0                |
| Tier 1                           | \$2                | \$10               |
| Tier 2                           | \$2                | \$10               |
| Tier 3                           | \$40               | \$50               |
| Tier 4                           | \$75               | \$100              |
| Tier 5                           | 30% Member<br>Cost | 30% Member<br>Cost |
| 90 Day Supply <sup>*</sup>       | x2                 | x2                 |

Your new Drug Benefits cover you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

| Oral and injectable contraceptives | Covered |
|------------------------------------|---------|
| Smoking cessation drugs            | Covered |
| Weight loss drugs                  | Covered |
| Impotency drugs                    | Covered |

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or home delivery for the same x2 co-pay

#### **Low Plan Prescription drugs**



| Low Plan PDP                     | Preferred Rx       | Standard Rx        |
|----------------------------------|--------------------|--------------------|
| Prior Authorization/Step Therapy | Yes                | Yes                |
| Rx Deductible                    | \$0                | \$0                |
| Tier 1                           | \$5                | \$10               |
| Tier 2                           | \$5                | \$10               |
| Tier 3                           | \$50               | \$60               |
| Tier 4                           | \$80               | \$100              |
| Tier 5                           | 35% Member<br>Cost | 35% Member<br>Cost |
| 90 Day Supply <sup>*</sup>       | x2                 | x2                 |

Your new Drug Benefits cover you through the Donut Hole There is no extra out-of-pocket expense

#### Additional Prescription Drug Services

| Oral and injectable contraceptives | Covered |
|------------------------------------|---------|
| Smoking cessation drugs            | Covered |
| Weight loss drugs                  | Covered |
| Impotency drugs                    | Covered |

- Most Common Preferred Pharmacies:
  - Walmart, Kroger & Walgreens
- Most Common Standard Pharmacies:
  - CVS & Winn-Dixie

\*Member may get a 90-day supply at their local pharmacy or home delivery for the same x2 co-pay

#### How to use the formulary



The formulary shows details about the drugs that are covered by your plan. You can locate your drug in the formulary by medical condition or alphabetically in the Index.

- The first column lists the drugs covered under the formulary
- Next, the Drug Tier column displays the drug's tier. This determines your out-of-pocket costs
- The third column displays any additional coverage requirements for the drugs (such as prior authorization required or quantity limits)
- The bottom of each page includes a key to help you interpret the content

| Drug Name  | Drug<br>Tier | Requirements<br>/Limits     | Drug Name  | Drug<br>Tier | Requirements<br>/Limits |
|--|--------------|-----------------------------|--|--------------|-------------------------|
| BYDUREON<br>SUBCUTANEOUS<br>SUSPENSION,EXT<br>ENDED REL<br>RECON | 3            | PA; QL (12<br>per 84 days)  | GLUMETZA ORAL<br>TABLET,ER<br>GAST.RETENTION<br>24 HR 500 MG | 4            | QL (360 per<br>90 days) |
| BYETTA<br>SUBCUTANEOUS<br>PEN INJECTOR 10                        | 4            | PA; QL (7.2<br>per 84 days) | glyburide<br>micronized oral<br>tablet                       | 2            |                         |
| MCG/DOSE(250<br>MCG/ML) 2.4 ML                                   |              |                             | glyburide oral tablet  | 2            |                         |
| Drug Tier: 1-Preferr   | ed Generi    | c 2-Generic 3-Pr            | referred Brand 4-Non-P                                       |              | Drug                    |
| 5-Specialty Drugs  | te:D/D I     | Prior Authorization         | , Part D vs. Part B only                                     | EV Ex        | cluded Drug             |
|  |              |                             | y Supply PA - Prior A  |              |                         |
|  |              | Non-extended Day            | Supply PA-Phol A   | uuionzai     |                         |
| Limit ST - Step T  | herany       |                             |  |              |                         |

|  |   |                                  | morer to mg                                      |                        | 70 du j3)               |
|--|---|----------------------------------|--|------------------------|-------------------------|
| DYSLIPIDEMICS, HMG COA<br>REDUCTASE INHIBITORS   |   | pravastatin oral<br>tablet 80 mg | 1  | QL (90 per 90<br>days) |                         |
| atorvastatin oral<br>tablet 10 mg, 20 mg         | 1 | QL (360 per<br>90 days)          | rosuvastatin oral<br>tablet 10 mg, 5 mg          | 2                      | QL (360 per<br>90 days) |
| atorvastatin oral<br>tablet 40 mg                | 1 | QL (180 per<br>90 days)          | rosuvastatin oral<br>tablet 20 mg                | 2                      | QL (180 per<br>90 days) |
| atorvastatin oral<br>tablet 80 mg                | 1 | QL (90 per 90<br>days)           | rosuvastatin oral<br>tablet 40 mg                | 2                      | QL (90 per 90<br>days)  |
| EZALLOR<br>SPRINKLE ORAL<br>CAPSULE,<br>SPRINKLE | 4 | QL (90 per 90<br>days)           | simvastatin oral<br>tablet 10 mg, 20 mg,<br>5 mg | 1                      | QL (360 per<br>90 days) |

#### The formulary index



#### You can locate your drug in the formulary by medical condition or alphabetically in the Index.

| Drug Name  | Drug<br>Tier | Requirements<br>/Limits | Drug Name  | Drug<br>Tier | Requireme<br>/Limits  |
|--|--------------|-------------------------|--|--------------|-----------------------|
| diltiazem hcl oral<br>capsule,extended                 | 2            |                         | verapamil oral tablet<br>extended release        | 2            |                       |
| release 12 hr<br>diltiazem hcl oral                    | 2            |                         | CARDIOVASCUL<br>OTHER                            | AR AGI       | ENTS,                 |
| capsule,extended<br>release 24 hr                      |              |                         | acetazolamide oral<br>tablet                     | 2            |                       |
| diltiazem hcl oral<br>capsule,extended<br>release 24hr | 2            |                         | aliskiren oral tablet                            | 4            | QL (90 per 9<br>days) |
| diltiazem hcl oral<br>tablet                           | 2            |                         | amiloride-<br>hydrochlorothiazide<br>oral tablet | 2            |                       |
| diltiazem hcl oral<br>tablet extended<br>release 24 hr | 2            |                         | amlodipine-<br>atorvastatin oral<br>tablet       | 2            | QL (90 per 9<br>days) |

By medical condition: Drugs on the formulary are grouped into categories depending on the medical conditions they are used to treat.

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**Alphabetically**: Drugs covered by your plan are listed alphabetically in the Index. Detailed information about the drug is found on the corresponding page. Generics are listed in lower case italics and brand name drugs are in capital letters.

#### **Understanding your pharmacy network**



#### You have access to more than 62,000 pharmacies nationwide including more than 23,000 preferred pharmacies. Nearly all Michigan pharmacies are in our network\*

- A network pharmacy has a contract with the plan to provide your covered prescription drugs. In most cases, your prescriptions are covered only if they're filled at the plan's network pharmacies
- Preferred: A network pharmacy where you pay a lower out-of-pocket costs
- Standard: A network pharmacy where you pay standard out-of-pocket costs ۲

#### Preferred Network chain pharmacies\*

- Costco
- Kroger
- Meijer
- Rite Aid •
- Sam's Club •
  - Walgreens
- Walmart

Take advantage of home delivery of your prescriptions through:

- Express Scripts, Inc. (P) Toll-free: 1-877-801-2332/TTY: 1-800-716-3231
- AllianceRx Walgreens Prime Home Delivery (S) •
- Toll-free: 1-866-877-2392/TTY: 1-800-573-1833

\* This is a partial list of pharmacies. Please look online at www.bcbsm.com/pharmaciesmedicare or in your directory for a complete list

#### **Utilization management**





Some covered drugs have additional requirements or limits on coverage, including:

- Prior authorization: We complete a safety and effectiveness review for drugs with a PA requirement before coverage is approved
- Step therapy: We require you to first try one drug to treat your medical condition before we'll cover another drug for that condition
- Quantity limits: Only a certain number of doses per prescription or time period may be allowed. There would have to be a request submitted for a higher amount

## **Avoiding prescription disruptions**



We will do everything possible to minimize disruptions to your prescription drug coverage. We have processes for formulary exceptions, formulary changes and transition prescription fill to help assure that you don't experience gaps

- Formulary exceptions
  - When an exception is approved for a non-formulary drug, you'll pay a Tier 4 (non-preferred drug) copayment, whether the drug is generic or brand-name. Non-formulary drugs that are approved for coverage by a formulary exception aren't eligible for tiering exceptions
- Tiering exceptions
  - You or your provider can ask the plan to make an exception in the cost-sharing tier for a drug so that you pay less for it. Our Customer Service team is there to help you request an exception
- Formulary changes
  - Members impacted by a formulary change are notified by mail

## **Transition prescription fill**



During the first 90 days of your plan, you're eligible for a temporary transition fill of Part D covered medications that aren't on our formulary or are subject to clinical prior authorization, step therapy, or formulary quantity limits up to a 31-day supply

- You'll receive a refill of your medication and you and your provider will be notified to contact the plan to determine future medication needs
- Note: Certain drugs, such as those that may be covered under Part B or used to treat certain conditions, aren't eligible for a temporary supply and will require a prior authorization before the drug can be obtained

### **Medicare Part B vs. Part D medications**

#### In general, the Part B medical benefit covers:

- Drugs requiring durable medical equipment for administration, such as albuterol through a nebulizer or insulin through an infusion pump
- Immunosuppressive drugs for a Medicare-covered transplant
- Certain oral cancer treatment drugs
- Certain oral drugs for nausea
- Certain vaccines (see list)
- Drugs for kidney failure
- Drugs administered in the provider's office

| Medical benefit (Part B) vaccines                     |
|---|
| Pneumonia   |
| Influenza, or flu shot                                |
| Hepatitis B   |
| Pharmacy benefit (Part D) vaccines                    |
| Shingles  |
| Tetanus   |
| Tetanus/Diphtheria/Pertussis (Tdap)                   |
| Meningitis  |
| Hepatitis A   |
| Human papillomavirus (Gardasil)                       |
| Tuberculosis (BCG)                                    |
| For other vaccines check your formulary for coverage] |

## Thank you for coming!

Our commitment to you

We work for you!

We strive to be clear and simple so we can help you understand and use your plan

Blue Cross provides the right access and improved care for you and your loved ones, proactively guiding you to

Smarter, Better Healthcare





# **Things to remember:**

- No Donut Hole
- Added Benefits: Silversneakers, Welvie, Wigs, Hearing Aids
- No Age-Banding
- Drugs are moving to BCBSM, you automatically will enroll into the **Low pan** whether you stay with Hartford or move to BCBSM, If you want to get the high plan, you'll need to fill out an election form
- You may choose a different plan from your spouse

